



The Sertoma Arts Center

1400 W Millbrook Rd.

Raleigh, NC, 27612 (919) 420-2329

Teen Fall Programs

Music – Private Suzuki Violin and/or Piano Lesson

Age: 4yrs and up. Beginners start with a weekly half-hour lesson. All students must have at least one caregiver that commits to taking notes and attending all lessons and group classes. That same caregiver is also responsible for the weekly practice. It is important we form what Suzuki calls The Suzuki Triangle = Parent, Teacher, Student. Michelle Mitchell instructors. You must call Sertoma Arts Center to register at 919-420-2329. Materials list, class attendance information etc. will be provided at time of registration. Violin students must bring their own instrument. Piano students must have a piano at home for practice. No class Nov 28. Course Fee: \$150

#145278 Sep 19-Oct 24 Th 3:00-3:30pm
#145279 Sep 19-Oct 24 Th 3:30-4:00pm
#145284 Sep 19-Oct 24 Th 4:00-4:30pm
#145285 Sep 19-Oct 24 Th 4:30-5:00pm
#145286 Sep 19-Oct 24 Th 5:00-5:30pm
#145287 Sep 19-Oct 24 Th 5:30-6:00pm
#145294 Sep 19-Oct 24 Th 6:00-6:30pm
#145295 Sep 19-Oct 24 Th 6:30-7:00pm
#145299 Nov 7-Dec 19 Th 3:00-3:30pm
#145301 Nov 7-Dec 19 Th 3:30-4:00pm
#145303 Nov 7-Dec 19 Th 4:00-4:30pm
#145305 Nov 7-Dec 19 Th 4:30-5:00pm
#145308 Nov 7-Dec 19 Th 5:00-5:30pm
#145310 Nov 7-Dec 19 Th 5:30-6:00pm
#145312 Nov 7-Dec 19 Th 6:00-6:30pm
#145313 Nov 7-Dec 19 Th 6:30-7:00pm

Music – Raleigh Children's Orchestra

Age: 6-13yrs. The Raleigh Children's Orchestra is a multilevel string orchestra for students in grades 1-7, who have played for 6 months or more. The orchestra provides a rare opportunity for young players to rehearse and perform in an orchestra setting. Each semester begins anew with the learning of new pieces of music, culminating in a free public concert for friends and family. Students provide their own instruments, music stand, and 3 ring binder. Director: Ilse Mann. Concert for registered students Nov 21. Course Fee: \$50-100

Full Program – Course Fee: \$100

#145833 Sep 12-Nov 21 Th 5:50-7:00pm
no class Oct 31

1/2 Program Registration – Course Fee: \$50

#145836 Oct 10-Nov 14 Th 5:50-7:00pm
no class Oct 31

Literary – Piedmont Laureate John Bemis Youth Workshop

Age: 8-13yrs. Author and Piedmont Laureate John Claude Bemis will lead an all-ages writing workshop where he'll guide participants through exercises for coming up with new ideas and opening up the imagination. Writers will have a chance to ask questions and get suggestions for deepening their craft. BIO: John Claude Bemis is the 2013 Piedmont Laureate for Children's Literature. His debut novel The Nine Pound Hammer was on last year's North Carolina Battle of the Books list and was selected by the New York Public Library as a Best Book for Reading and Sharing. His fantasy—adventure trilogy the Clockwork Dark continues with The Wolf Tree and The White City. John's latest novel The Prince Who Fell from the Sky was an Amazon Best Book of the Month. A musician and educator, John lives in Hillsborough, NC. www.johnclaudobemis.com. Course Fee: \$5

#147169 Oct 19 Sa 12:30-1:30pm

Art – Beautiful Ink

Age: 10-15yrs. Begin with a guided drawing, define it with a quill pen, and add lasting beauty with colored ink or watercolor paint. For beginning and continuing students. Anna Sanderson instructs. Course Fee: \$90

#145857 Sep 26-Nov 14 Th 4:00-6:00pm



The Sertoma Arts Center

1400 W Millbrook Rd.

Raleigh, NC, 27612 (919) 420-2329

Teen Fall Programs

Art – 'Tooning Around –Cartooning Classes

Age: 10-15yrs. Learn cartooning fundamentals such as character design and perspective drawing. Create your own characters, make your own scenes, and draw your own comics. Supplies included. Gabriel Dunston instructs. Course Fee: \$70

#145852 Sep 18-Oct 23 W 4:00-6:00pm

#145853 Nov 6-Dec 18 W 4:00-6:00pm

no class Nov 27

Pottery – Painted Pottery

Age: 5-15yrs. Decorate fired clay as a family! Our teacher will guide you and your family in a clay decorating project that is age appropriate. Each child will make 3-4 pieces. Each child must be registered there is limited space. Parent is optional for children ages 7 and up. One parent or guardian is required for children 5-6 years old. Projects are for kids only, parent assist child as needed. Lynn Kurisko instructs. Course Fee: \$15

Winter Wonderland Ornaments

#146016 Dec 8 Su 1:45-3:15pm

Pottery – Wall Clock Face Workshop

Age: 7-15yrs. Children will be able to use their imaginations to create clocks from clay. The first meeting will be working with the wet clay to make the shape and cut out embellishments. In this workshop students will learn techniques such as slab rolling, creating texture and drawing with a needle tool to make a fully functional (yet delightfully whimsical) wall clock. Pieces will be glazed during the second class and students can pick up finished projects one week after the last class. Lynn Kurisko instructs.

Course Fee: \$48

Pumpkin Face Clocks

#146003 Oct 7-14 M 4:15-5:30pm

Pottery – Handbuilding for Youth and Teens

Age: 9-15yrs. Students work with real clay and learn various methods of constructing pottery, such as pinch, coil, and slab to form their own unique creations. Pieces will be glazed during the last class and student can pick up finished work after course is completed. Susie Crooks instructs. Course Fee: \$55

#146007 Oct 10-31 Th 4:15-5:30pm

Pottery – Wheel Throwing for Teens

Age: 12-16yrs. Teens learn the basics of throwing pots on the potters wheel. Class time includes throwing demonstrations followed by practice time on the wheel. Students work at their own level so all teens welcome! Class ends with glazing all pots for firing, which can be picked up by the students after class has ended. This class does not qualify participants for a Studio Card.

New instructor, Susie Crooks. Course Fee: \$80

#146017 Oct 10-Nov 14 Th 6:00-8:00pm

Pottery – Clay Mask Making Workshop

Age: 16yrs and up. In this workshop we will examine images from masks from many ethnicities and hand build our own clay masks (suitable for hanging) using combinations of the images as well as our imaginations. Prerequisite: Beginner Handbuilding or Throwing class at Sertoma or Pullen. Students provide their own clay and tools. Tim Cherry instructs. Course Fee: \$48

#146054 Oct 12 Sa 10:30am-2:30pm

Pottery – Handbuilding: Advanced

Age: 16yrs and up. Through a combination of demonstrations and individual work time, students will further develop their handbuilding skills while making distinctive pieces including planters, unique boxes and tile. The variety of construction techniques used will include soft slabs, stiff slabs, and coils. Students will learn to add flair and professionalism to their pieces by adding finishing touches such as feet and handles. This class will also help individuals develop and express their own unique style through clay! Prerequisite: Beginning Handbuilding class at Sertoma or Pullen Arts or comparable experience. Students who are new to Sertoma must attend the first class which covers safety and studio orientation as well as the glazing class (approx 5th class) in order to qualify for a studio card. Tim Cherry instructs. Course Fee: \$95

#146031 Sep 10-Oct 22 T 9:30-11:45am

#146032 Sep 11-Oct 23 W 7:00-9:15pm



The Sertoma Arts Center

1400 W Millbrook Rd.

Raleigh, NC, 27612 (919) 420-2329

Teen Fall Programs

Pottery – Handbuilding: Beginning

Age: 16yrs and up. This class explores techniques including pinching, coils and slabs, including an overview of ceramic materials and glazing. Classes provide demonstrations and individual work time with instructor guidance. Students are encouraged to practice between class sessions and will have free access to Sertoma's well-equipped studio. New students may not miss more than 2 classes and must attend the first class and the glazing class (approx. 5 week), in order to qualify for a studio card. Students will purchase materials at first class (approx. \$42). All skill levels welcome! Ali Sobel-Read instructs. Course Fee: \$95

#146029 Sep 23-Nov 4 M 7:00-9:15pm

#146030 Sep 25-Nov 6 W 9:30-11:45am

Pottery – Introduction to Pottery (Sampler)

Age: 16yrs and up. This class is intended as a 'taster' class exploring the basic clay construction techniques and finishing with glazing. This class will cover the pinch and coil techniques, slab construction and wheel throwing. Basic pottery tools provided. \$10 supply fee due on first day of class payable cash or check. This class does not qualify students for open studio card purchase. Susie Crooks instructs. Course Fee: \$75

#146046 Nov 6-Dec 11 W 7:00-9:15pm

no class Nov 27

Pottery – Wheel Throwing Continuing

Age: 16yrs and up. This class is designed for those who have taken beginner wheel and need further refinement in basic throwing skills in order to progress to more challenging levels. It also serves as a 'refresher' course for students who have previously taken throwing classes and have not thrown for some time. Class includes studio and safety orientation which is necessary to qualify students for a studio card. Experienced potters who are new to Sertoma are welcome. This is a 7-week class. Tina Granville instructs. Course Fee: \$95

#146025 Sep 24-Nov 5 T 7:00-9:15pm

Pottery – Wheel Throwing: Beginner

Age: 16yrs. and up. This course introduces students to the basics of 'throwing' pottery, provides them with an understanding of ceramic terms, processes, and knowledge needed to use the pottery studio safely and independently. Topics include centering clay, throwing basic forms, handles, and glazing. Sessions include demonstrations and practice time under the guidance of the instructor. Students are encouraged to practice between class sessions and have free access to Sertoma's well-equipped studio. New students may miss no more than 2 classes and must attend the first class and the glazing class (approx. 6th week), in order to qualify for a studio card. Purchase materials at first class (approx. \$40). This is a 7-week class. Instructors Joan Walsh (days) or Tina Granville (nights). Course Fee: \$95

#146021 Sep 25-Nov 6 W 7:00-9:15pm

#146023 Sep 25-Nov 6 W 9:30-11:45am

Pottery – Studio Orientation-Qualified Pullen Potters

Age: 16yrs and up. Sertoma Arts Center Pottery Studio Orientation is for Qualified Pullen Art Center Potters ONLY who wish to use Sertoma's Clay Studio. Once registered Sertoma Arts Center will confirm with Pullen Arts Center that you are a qualified pottery patron. If you are qualified and you need to renew your studio card you may do so at Sertoma the day of orientation. We will offer these orientations each session. For further questions please call 919-420-2329. Course Fee: \$25

#146039 Sep 4 W 7:00-8:00pm

#146040 Nov 6 W 7:00-8:00pm

Drawing – Basic Techniques

Age: 16yrs and up. This class is for beginners and those who need a refresher. Explore contour, proportion, perspective, form, and value. It is recommended to take a drawing course before any painting course. This will provide a great foundation. Supply lists are available on Sertoma's home page. Course Fee: \$84

#144917 Sep 20-Oct 25 F 9:30am-12:00pm

#144918 Sep 19-Oct 24 Th 6:30-9:00pm



The Sertoma Arts Center

1400 W Millbrook Rd.

Raleigh, NC, 27612 (919) 420-2329

Teen Fall Programs

Drawing – Basic Techniques Continued

Age: 16yrs and up. Students will approach a different subject each week with emphasis on good composition and new drawing techniques. Completion of a beginning drawing class required for registration. Students should receive supply list upon registration. Supply lists are available on Sertoma's home page. Course Fee: \$84

#144919 Nov 7-Dec 19 Th 6:30-9:00pm

#144920 Nov 8-Dec 20 F 9:30am-12:00pm

no class Nov 28

Drawing – Cartooning for Adults

Age: 16yrs and up. Have fun learning the art of telling stories with images. Learn how to make your own characters and stretch your imagination. Skills include: character design, composing a scene, and traditional cartooning techniques. Gabriel Dunston instructs. Course Fee: \$84

#145854 Sep 18-Oct 23 W 6:30-9:00pm

#145855 Nov 6-Dec 18 W 6:30-9:00pm

Drawing – Color Pencil

Age: 16yrs and up. Come and explore the world of colored pencil. In this class students will start with value study under drawings, layering colors, and implying textures. The subject matter will be varied and students will leave with new techniques to start with or add to their colored pencil artwork. Supply list is available on Sertoma's webpage. Instructed by Kate Lagaly. Course Fee: \$84

#145337 Sep 16-Oct 21 M 1:00-3:30pm

Drawing – Oil Pastel Studio

Age: 16yrs. and up. Whether you are new to oil pastels or have worked with them before, this class is for you. We'll use a resist technique that produces wonderful results, imaginative or elegant, realistic or whimsical. Create your own original or work with instructor provided designs. Step-by-step instructions. Wear a smock or old shirt. \$7 supply fee to instructor covers all supplies. Jamie Miller instructs. Course Fee: \$40

#146405 Nov 17 Su 1:30-4:30pm

Jewelry – Bead Stringing

Age: 16yrs and up. Learn how to design and string your own necklace, bracelet and earring set using fresh water pearls, sterling silver and other semi precious stones. A \$20-25 supply fee payable to instructor, depends on what stones/beads you select.

Instructor: Marla Ainspan. Course Fee: \$40

#146083 Dec 2-9 M 6:30-9:30pm

Jewelry – Make Your Own Earrings

Age: 16yrs and up. Design and make your own earrings using sterling silver and semi-precious stones. Students will complete at least two sets of earrings. \$15 supply fee due to instructor. Supply list prints on confirmation or is available online on Sertoma's homepage. Marla Ainspan instructs. Course Fee: \$25

#146064 Nov 4 M 7:00-8:30pm

Mat Cutting – Advance Mat Cutting

Age: 16yrs and up. Learn advanced mat design and cutting and qualify to use our C&H professional mat cutter. You will design and cut an oval mat and a double mat. You will also learn image mounting and shrinkwrapping. Bring 2 photos or pieces of artwork (up to 8' x 10') to mat, plus enough mat board and foam core for one oval and one double mat. Ted Salamone instructs. Course Fee: \$30

#146097 Nov 7 Th 6:30-9:30pm



The Sertoma Arts Center

1400 W Millbrook Rd.

Raleigh, NC, 27612 (919) 420-2329

Teen Fall Programs

Mat Cutting – Mat Cutting Basics

Age: 16yrs and up. Learn basic mat design and cutting and qualify to use our C&H professional mat cutter. Also learn image mounting and shrink wrapping. You will design and cut a single mat; learn how to do double mats. You must bring a photo or artwork (up to 11"x14") to mat, mat board and foam core large enough for at least one piece. Ted Salamone instructs. Student packet and supply list available to download on Sertoma's homepage. Course Fee: \$30

#146098 Oct 7 M 2:00-5:00pm

#146099 Nov 4 M 6:30-9:30pm

#146100 Sep 21 Sa 10:30am-1:30pm

Mixed Media – Oil and Wax: Encaustic Painting

Age: 16yrs and up. We will begin our paintings using oil paint mixed with cold wax medium. This gives the paint a waxy, translucent quality that lends itself to working in layers. We can build a background that has smooth color transitions and subtle blending. After our oil painting portion is dry, we will begin painting with encaustic, starting with a clear layer and then adding colorful shapes, lines and ephemera that will seem to float on the paintings' surface. Painting with this technique allows us to take advantage of the best things about both mediums, combining them to create an original statement. This class is for all levels. Prereq: some painting experience. Each student needs to bring one wood panel about 14 x 14', 16 x 16' and \$40 supply fee due to instructor. Anna Podris instructs. Course Fee: \$84

#146386 Sep 17-Oct 22 T 6:30-9:30pm

Painting – Abstract Art: A Fun and Easy Way

Age: 16yrs and up. With one design rule and simple geometric shapes, students create striking pieces of art using acrylic paint. No drawing or painting experience is required. If you can use a ruler and paint between pre-drawn lines, you can be successful in this class. Come have fun using color. Step by step instruction is provided. Jamie Miller instructs. Course Fee: \$56

#146406 Nov 14-Dec 12 Th 6:00-8:30pm

no class Nov 28

Painting – Aqueous Acrylic and Gouache

Age: 16yrs and up. In this class students will explore gouache or acrylic (students choice), both of which can be used as opaque or transparent mediums. Gouache and acrylic are exciting, beautiful, and versatile mediums. They can be used similarly to watercolor as well as painting from dark to light and from background to subject matter. Gouache can also be used in conjunction with watercolor. In this class students will be introduced to several techniques and will leave with a good understanding of gouache and acrylic and the many possibilities. Supply list is available on Sertoma's web page. Instructed by Kate Lagaly. Course Fee: \$84

#148125 Sep 18-Oct 23 W 9:30am-12:00pm

#148126 Nov 6-Dec 18 W 9:30am-12:00pm

Painting – Beginning Acrylics

Age: 15yrs and up. This basic class offers students a gentle introduction to acrylic painting or a reintroduction to basic concepts, with a focus on getting started. Students will work from their own photos, from life using simple still-life arrangements, or their imagination. Students will learn about materials, color mixing, shape, and perspective. Informal lessons, paint along demonstrations will assist as you learn at your own pace. Instructor: Larry Dean. Supply lists are available on Sertoma's home page. Course Fee: \$84

#144911 Sep 16-Oct 21 M 6:30-9:00pm

#144912 Nov 4-Dec 9 M 6:30-9:00pm

Painting – Beginning/Continuing Painting

Age: 16yrs and up. This class offers students a gentle introduction to painting or a reintroduction to basic concepts, with a focus on getting started. Students will work from their own photos, from life using simple still-life arrangements, or their imagination. Students will learn about materials, color mixing, shape, and perspective. Informal lessons, paint-along demonstrations will assist as you learn at your own pace. Students may work in acrylics, or traditional oil paints. Instructor: Larry Dean. Supply lists are available on Sertoma's home page. Course Fee: \$84

#144913 Sep 17-Oct 22 T 6:30-9:00pm



The Sertoma Arts Center

1400 W Millbrook Rd.

Raleigh, NC, 27612 (919) 420-2329

Teen Fall Programs

Painting – Beginning/Continuing Painting II

Age: 16yrs. and up. Students have usually taken a beginning class but not required. Students will work on projects of their own choice. They may also bring works in progress. Instructions will include more about color mixing, shape, and perspective. Informal advice, paint along demonstrations will assist as you learn at your own pace. Subjects covered go from selecting a subject to varnishing the finished work. Students may work in acrylics, or oil paints. Instructor: Larry Dean. Supply lists are available on Sertoma's home page. Course Fee: \$84

#144914 Nov 5-Dec 10 T 6:30-9:00pm

Painting – Continuing Acrylics

Age: 16yrs and up. Students have usually taken a beginning class. Students will work on projects of their own choice. They may also bring works in progress. Instructions will include more about color mixing, shape, and perspective. Informal advice will assist as you learn at your own pace. Subjects covered range from selecting a subject to varnishing the finished work. Supply lists are available on Sertoma's home page. Instructor: Larry Dean. Course Fee: \$84

#144915 Sep 17-Oct 22 T 1:00-3:30pm

#144916 Nov 5-Dec 10 T 1:00-3:30pm

Painting – Continuing Watercolors

Age: 16yrs. and up. Continue reinforcing the basics of watercolor as additional watercolor techniques are learned and practiced. This class is for watercolorists who are ready to step beyond beginning watercolor as well as those who want to strengthen and add to their painting skills. Supply list available on Sertoma's homepage. Instructors: Kate Lagaly (Wednesdays), Janie Johnson (Mondays). Course Fee: \$84

#144924 Sep 18-Oct 23 W 1:00-3:30pm

#144925 Nov 6-Dec 18 W 1:00-3:30pm

no class Jan 27

#144926 Sep 16-Oct 21 M 1:00-3:30pm

#144927 Nov 4-Dec 9 M 1:00-3:30pm

Painting – Fall Portrait Painters Workshop Series

Age: 16yrs and up. The Sertoma Portrait Painters proudly presents their signature Portrait workshop series at the Sertoma Arts Center. Each workshop showcases an outstanding artist, demos, instruction and the opportunity to work alongside the showcase's artist. All students must bring their own supplies. Fall: In this 3-hour workshop, you will learn the fundamentals of painting realistic portraits using oil paint. The focus will be on learning to paint a portrait using a single color (plus white) of oil paint. This is known as a 'Grisaille' or monochrome study. Monochrome oil paintings can stand on their own or be used as an under painting for a full-color oil painting. They have been the foundation of many great oil paintings. Working from a live model, instructor Gio Argentati will lead students through the process of capturing a life-like monochrome portrait on canvas. Gio is an experienced local artist and instructor and is a member of the Sertoma Portrait Group. Course Fee: \$48

Painting Monochrome Portraits in Oil

#145866 Oct 26 Sa 10:30am-1:30pm

Painting – Watercolors for Beginners

Age: 16yrs and up. This course is designed for the beginning watercolor artist. Learn about brushes, paint, papers, and how to apply rich and bold colors using a minimum of strokes. You will learn wet on wet techniques along with positive and negative shapes. Watercolors are fun and this course will teach you the tricks to take the fear out of watercolors. Supply list is available online on Sertoma's homepage. Janie Johnson instructs. Course Fee: \$84

#144922 Sep 16-Oct 21 M 10:00am-12:30pm

#144923 Nov 4-Dec 9 M 10:00am-12:30pm



The Sertoma Arts Center

1400 W Millbrook Rd.

Raleigh, NC, 27612 (919) 420-2329

Teen Fall Programs

Painting – Winter Landscape Weekend Workshop

Age: 16yrs and up. This is a weekend watercolor workshop for the student with previous watercolor experience. Students will watch a demonstration by the teacher and then develop their own winter landscape using transparent watercolors. Landscape elements (skies, trees, water, rocks, and snow) will be practiced using bold colors and various techniques. Janie will demonstrate in the morning and after lunch, you will either create your own painting or recreate the demonstration from the morning. We will continue exploring techniques in watercolor on Sunday at 1:15pm. Supply list available on Sertoma's homepage. Janie Johnson instructs. Course Fee: \$84

#145904 Dec 7-8 Sa 10:15am-2:30pm
Su 1:15am-4:30pm

Painting/Drawing – Park Artist Workshop Series

Age: 16yrs and up. The Sertoma Park Artist proudly present their artist Workshop series. Each workshop is unique and taught by local working artists from the group. All of whom have varying backgrounds and talents. Fall Workshop – Members of the Sertoma Park Artists Association will demonstrate proper and economical methods for preparing for hanging your artwork of varied mediums. Students will learn about a variety of ways to mat artwork, learn how to choose a frame, and know when to cover work with glass. No supplies are needed except for bringing a sack lunch. Course Fee: \$48

Mat it, Frame it, Hang it!

#145899 Oct 5 Sa 11:00am-2:00pm

Photography – Photography for Teens

Age: 13-17yrs. This course is specifically tailored for teenagers. Have fun learning photography in a fun, exciting group—no matter your skill level or type of camera. You will learn the basics, get hands-on experience and receive personal feedback during this hands-on session. Bring a camera, DSLR or Point & Shoot, the manual, fresh spare batteries and empty memory cards. \$15 supply fee due to instructor. Ted Salamone instructs. Course Fee: \$30

#146344 Oct 21 M 4:30-7:30pm

Photography – Basic Digital Photography

Age: 15yrs and up. For DSLR and Point and Shoot cameras. If you just got a new camera or have taken an old one out of the closet, this course is for you. Learn what the buttons and menus on your camera do, how to resize and crop photos, properly transfer photos to a computer, e-mail them, achieve correct exposure more consistently, and avoid redeye. Learn about color space, ISO and white balance, when and how to use Scenic and Program modes, plus Aperture and Shutter mode basics. Bring your camera, manual, spare batteries and memory cards. Supply fee of \$15 is payable directly to instructor Ted Salamone. Course Fee: \$30

#146095 Sep 16 M 6:30-9:30pm

Photography – Basic Photo Editing

Age: 15yrs and up. Learn the most useful, basic editing techniques and apply them no matter what editor you use—from Picasa to iPhoto, Photoshop Elements, or anything at all! If you do not have a photo editor, don't worry! You will receive a great, full featured editor and learn how to use it too. All the tips are taught so you can transfer them to any editor you may already be using. Supply fee of \$15 is payable to instructor. Ted Salamone instructs. Course Fee: \$30

#146322 Sep 30 M 6:30-9:30pm

Photography – Camera Flash Basics

Age: 15yrs and up. For DSLR and Point and Shoot cameras. Learn how to achieve proper exposure using flash (built-in or external)—under all conditions. Learn flash exposure compensation, setting adjustments, off-camera use, The Inverse Square Law of Light, and how to bounce your flash. Various diffusers and light modifiers will be demonstrated. Bring your camera, external flash (optional), their manuals, memory cards, and fresh batteries.. Supply fee of \$15 is payable directly to instructor Ted Salamone. Course Fee: \$30

#146093 Oct 7 M 6:30-9:30pm



The Sertoma Arts Center

1400 W Millbrook Rd.

Raleigh, NC, 27612 (919) 420-2329

Teen Fall Programs

Photography – Creative Digital Pinhole Photo

Age: 15yrs and up. Another fun photography course. Learn how to take photos WITHOUT a lens and let your creativity flourish! Using simple tools you will learn how to turn any DSLR into a cool pinhole camera. Create unique, artistic images from everyday objects! Bring a camera, two extra lens caps, empty memory cards, fresh batteries. Tripod optional. \$15 supply fee due to instructor. Ted Salamone instructs. Course Fee: \$30

#146328 Oct 28 M 6:30-9:30pm

Photography – Macro and Close-Up Photo Fundamentals

Age: 15yrs and up. For DSLRs and Point and Shoots with Aperture or Manual controls. Learn hand = held techniques plus how to use tripods, clamps, and simple household lighting to take great close-up and macro photos of flowers, insects, or anything you like. Also learn how to modify your existing lenses with a few simple, inexpensive items. Bring your camera, manual, lens(es), memory cards and fresh batteries. Tripod is optional. \$15 supply fee due to instructor. Ted Salamone instructs. Course Fee: \$30

#146335 Sep 23 M 6:30-9:30pm

Photography – Painting with Light

Age: 15yrs and up. The most fun photography course ever! Learn how to create dazzling effects with flashes, light sticks, flashlights, LEDs and other readily available, inexpensive light sources. Learn to outline items, create Light Art, selectively light areas, do light-writing, create ghost images more! \$15 supply fee due to instructor. Ted Salamone instructs. Course Fee: \$30

#146337 Oct 14 M 6:30-9:30pm

Dance – Ballroom

Age: 16yrs. and up. Students are instructed in at least 4 of the following dances during each series: Foxtrot, Swing, Waltz, Cha Cha, Rumba, Tango, Hustle, Samba, Mambo, and Merengue. Instruction in each dance includes the basics, the techniques, and styling for both beginning and some advanced dance patterns. Couples only please, each person from each couple must register separately. Instructors, Liz Sorrell and Mike Metcalf. Course Fee: \$80

#145830 Sep 17-Dec 3 T 7:15-8:30pm

no class Oct 8 and Nov 26

Exercise – Kripalu Yoga Beginning

Age: 16yrs and up. Yoga is an ancient art that combines postures for the body, breathing for relaxation, and meditation for the mind. Kripalu Yoga is a gentle yoga that encourages students to discover their own degree of flexibility rather than push past their limits. Before undertaking any exercise program one should consult a physician. Bring a large towel or blanket and wear comfortable clothing. Instructor Susan Kilmon. No class October 8, November 11, 25, and 26. Course Fee: \$40-48

Course Fee: \$40

#145625 Sep 9-Oct 14 M 6:15-7:15pm

#145626 Sep 9-Oct 14 M 7:30-8:30pm

#145627 Oct 28-Dec 9 M 6:15-7:15pm

#145628 Oct 28-Dec 9 M 7:30-8:30pm

#145630 Nov 5-Dec 10 T 12:00-1:00pm

Course Fee: \$48

#145629 Sep 10-Oct 22 T 12:00-1:00pm

Exercise – Kripalu Yoga Continuing

Age: 16yrs and up. This course is a continuation of Kripalu Yoga beginning class. Student's should have taken the beginning class or have yoga experience. Before undertaking any exercise program one should consult a physician. Bring a large towel or blanket and wear comfortable clothing. Instructor Susan Kilmon. Course Fee: \$40-48

Course Fee: \$40

#145648 Nov 6-Dec 11 W 7:30-8:30pm

no class Nov 27

#145651 Nov 7-Dec 12 Th 12:00-1:00pm

no class Nov 28

Course Fee: \$48

#145647 Sep 11-Oct 16 W 7:30-8:30pm

#145650 Sep 12-Oct 17 Th 12:00-1:00pm



The Sertoma Arts Center

1400 W Millbrook Rd.

Raleigh, NC, 27612 (919) 420-2329

Teen Fall Programs

Exercise – Kripalu Yoga Continuing with Meditation

Age: 16yrs and up. This course is a continuation of Kripalu Yoga beginning class the includes a Meditation component. Student's should have taken the beginning class or have yoga experience. Before undertaking any exercise program one should consult a physician. Bring a large towel or blanket and wear comfortable clothing. Instructor Susan Kilmon. Course Fee: \$40-48

Course Fee: \$40

#145654 Nov 6-Dec 11 W 6:15-7:15pm

no class Nov 27

Course Fee: \$48

#145653 Sep 11-Oct 16 W 6:15-7:15pm

no class Nov 28

Exercise – Nia

Age: 13yrs and up. Fitness for the body, mind and spirit. Nia integrates movements from dance, the martial arts and yoga to create a fitness experience that is high energy, expressive and fun. This non-impact form is a safe, body-centered workout that is adaptable for all fitness levels. Instructors, Darlene Downing or Laura Ghantous. No class October 8, November 26, 29, and 30.

Course Fee: \$48

#145858 Sep 17-Oct 29 T 9:30-10:30am

#145859 Nov 5-Dec 17 T 9:30-10:30am

#145860 Sep 20-Oct 25 F 9:30-10:30am

#145861 Nov 8-Dec 20 F 9:30-10:30am

#145862 Sep 14-Oct 19 Sa 10:00-11:00am

#145863 Nov 2-Dec 14 Sa 10:00-11:00am

Exercise – Tai Chi for Conditioning

Age: 13yrs and up. Tai Chi is a flowing form of exercise that relaxes the body and mind while enhancing internal energy and physical strength. The class will introduce gentle Tai Chi movements and steps that will help improve your balance, strength, breathing, and coordination. The class is suitable for people of all ages, and for people of varying levels of physical ability. Dr.

Turner instructs. Course Fee: \$48

#146102 Oct 28-Dec 16 M 2:30-3:30pm

no class Nov 11 and 25

#148161 Oct 31-Dec 19 Th 7:30pm-8:30pm

no class Nov 21

Exercise – Zumba

Age: 12yrs and up. Zumba is dance fitness using music and rhythms from around the world. No dance experience necessary. You'll be having so much fun that you won't realize that your exercising. Come and join the Zumba party! Instruction given in English and Spanish. Bring a towel and water bottle. Diana Call instructs. Course Fee: \$48

#148183 Sep 17-Oct 29 T 6:00-7:00pm

no class Oct 8

#148184 Nov 19-Dec 17 T 6:00-7:00pm